



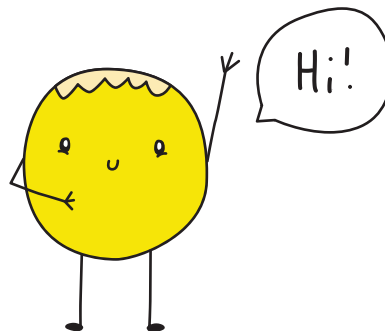
Hi! I'm Jana, the illustrator and maker of Happiful Club and the Happiful Journal.

This activity pack is a special care package especially delivered for YOU! You can print out your Happiful membership card and stick in merit badges, draw, colour-in and there is a journal page to reflect on your day.

I hope Happiful Club brings fun and happiness to your day. You can also sign up to Happiful Club newsletter and receive bonus printable activities. Just visit my website wordfinders.club/happifulclub to find out more!

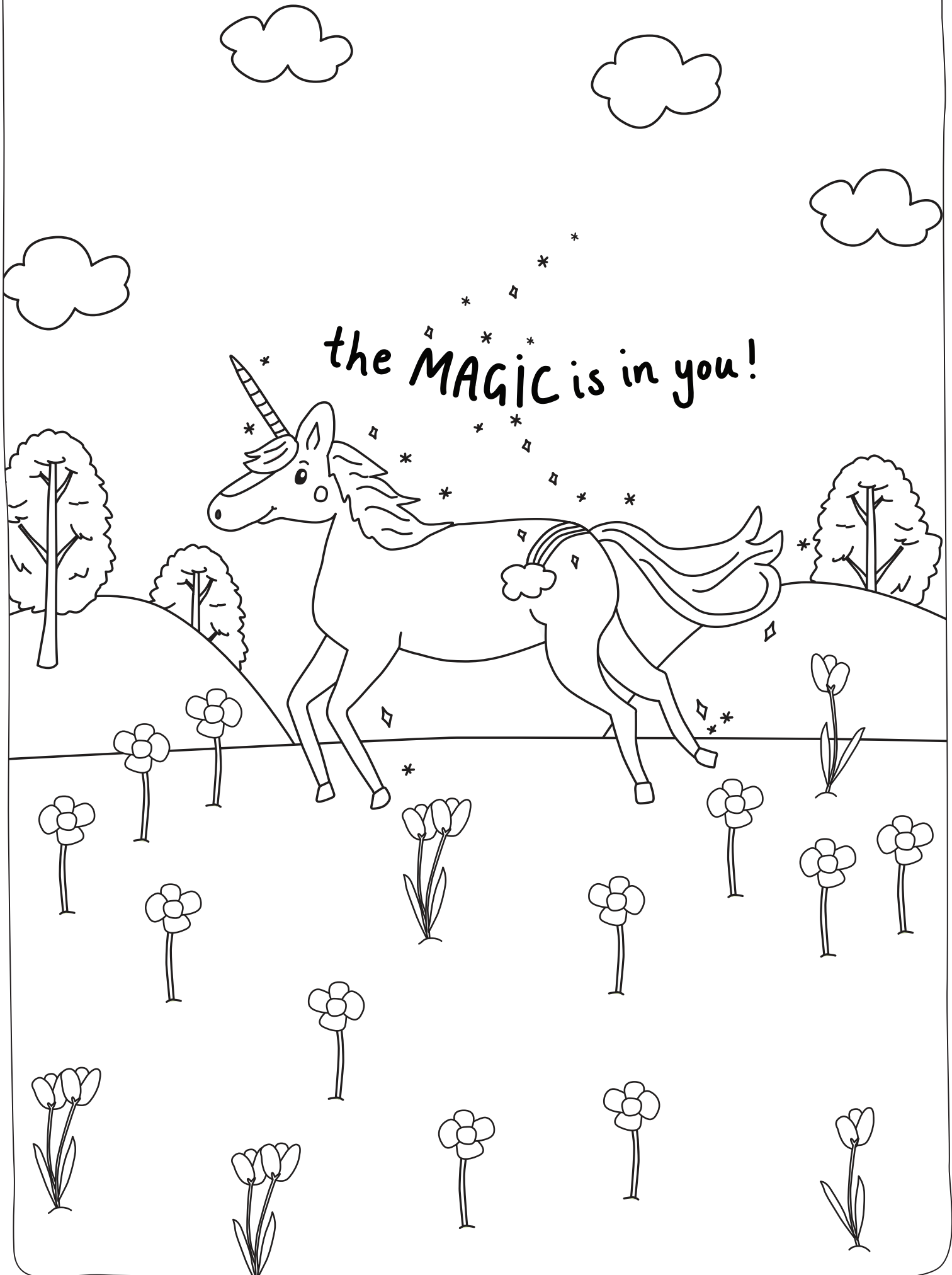
Jana xx

You can say 'hi' to me on Instagram @wordfindersclub or contact me hello@wordfinders.club or on my website wordfinders.club



Word Finders Club

Illustrations by Jana Rushforth



≡ HAPPiFUL DaILY ≡

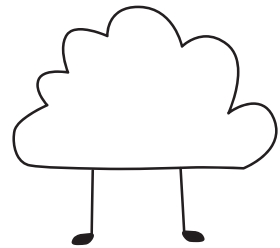
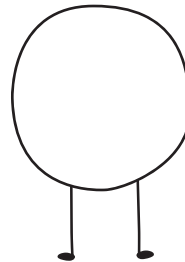
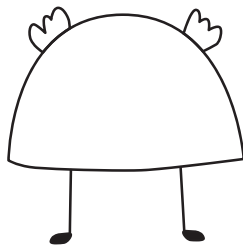
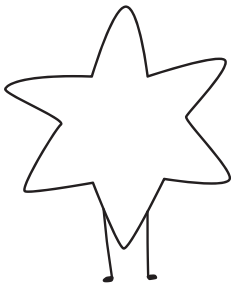
Today I'm grateful for

The weather today

"We ARE ALL
IN THiS
TOGeTHeR"

I felt

Draw and circle your emotion

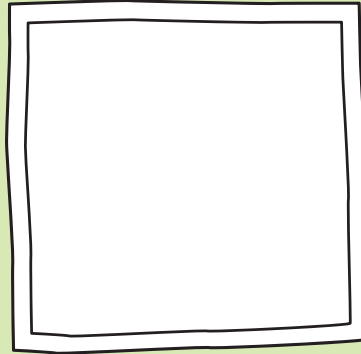


Today's top moment

Tomorrow I'm looking forward to

HAPPY! CLUB.

Member



Draw a self portrait

Name: _____

Age: _____

Secret Spy
Code Name: _____

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- Print this double-sided with the next page, then cut out, fold in half and you have your club membership!

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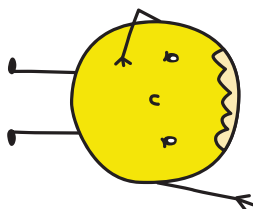
Merit Badges
stick here



Merit Badges
stick here

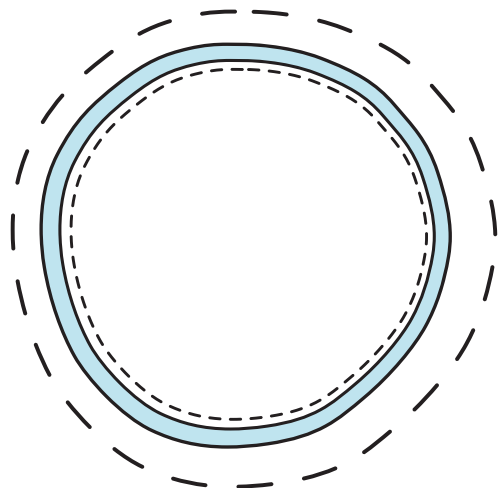
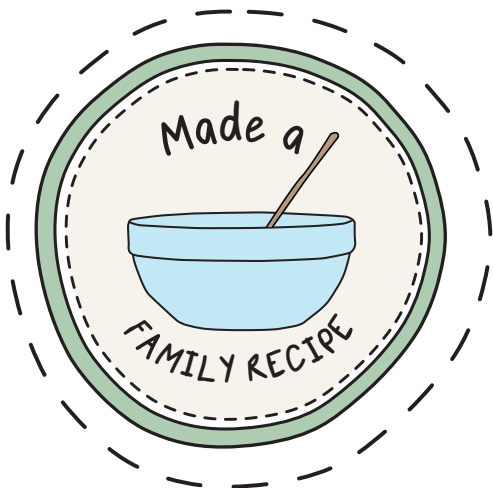
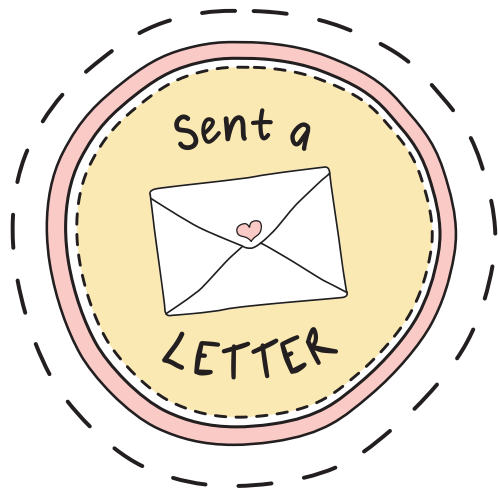


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≡MeRiT BaDGeS≡

Cut out your merit badges and once completed stick it in your Happiful Club membership book!



make your own!

IDEAS TO EARN BADGES

I've included a few ideas on how to earn your merit badges.
Use your creativity and have fun!



IDEAS

Kindness can be little things that brighten someone's day. You could draw a picture for someone, help around the house or pick up litter on a walk. Also you could earn this badge by being kind to yourself, like trying meditation or yoga.



IDEAS

You could go outside with a parent and pick a flower on a nature walk or in your backyard. If you are staying indoors, you can draw your favourite flower, research a flower in a book or online.



IDEAS

Make or bake your favourite family recipe. It could be cookies, spaghetti bolgnese or even a chocolate cake. Talk to your family about what recipes they love and get cooking!



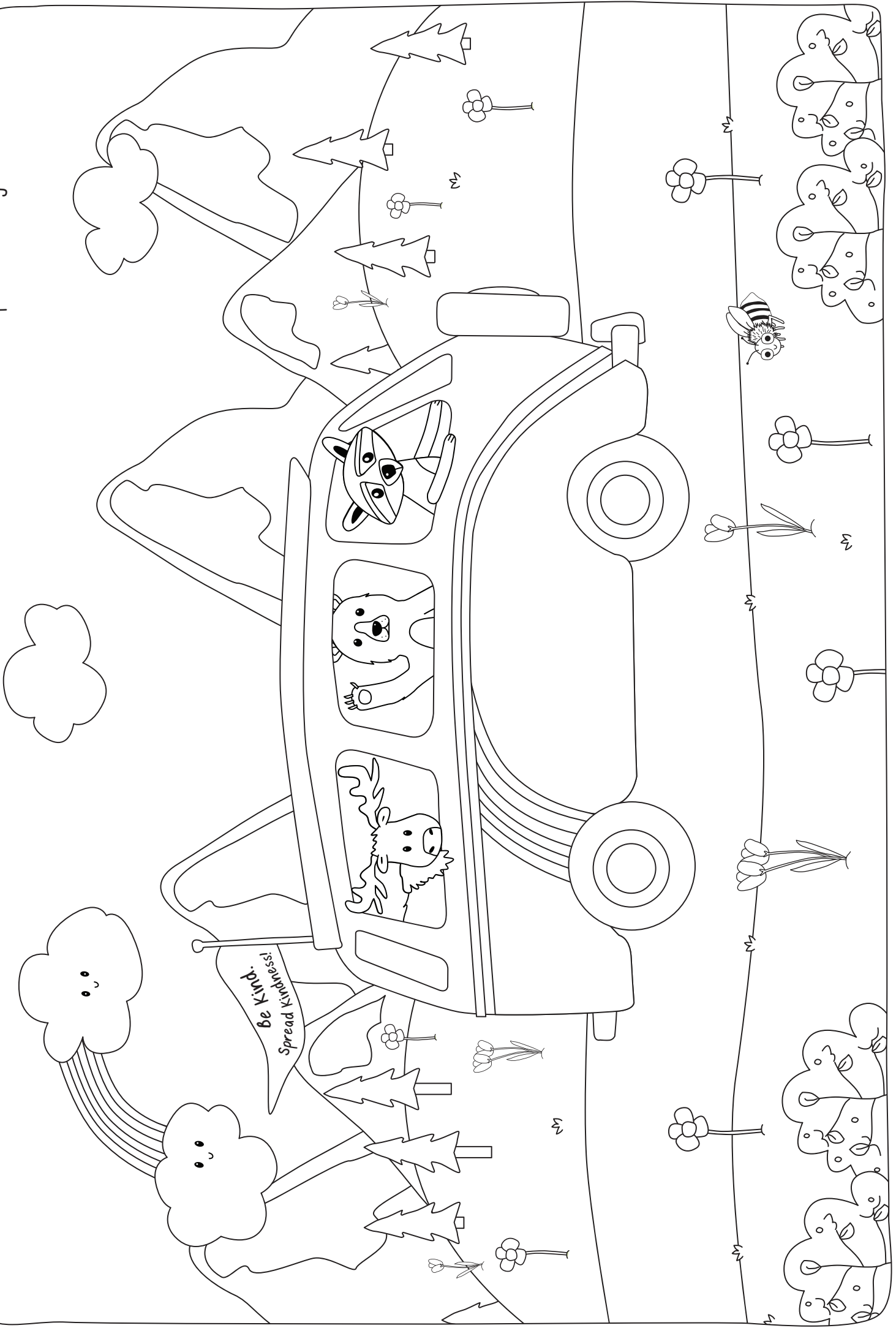
IDEAS

Plan a stargazing night! You can go outside with an adult and look at the stars. Or if you are staying indoors, gaze out your window one evening or even visit Google Sky or stellarium-web.org. What constellations can you see?



IDEAS

Write a letter to a loved one. Fill your letter with what new things you have learnt, a favourite memory with them or even a recipe or book you love!





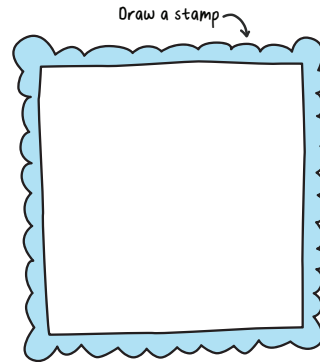
I'm a blank page. Fill me with words, a drawing, stickers or leave me blank!



Hello _____

Today is _____

and I've been enjoying _____



Something new I've learnt to do is _____

My favourite memory with you is _____

I'm reading this book _____



And, now I would love to tell you _____

What have you been doing? Please write back with:



a recipe



a self portrait



a book
recommendation



a drawing





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Cut this letter out, pop it in an envelope and send it to a grandparent,
a school friend or even your auntie!



= DRAW... =

a yummy dessert

a cloud

a vehicle

your favourite toy